

# **The Five Sorrowful Mysteries of the Scriptural Rosary**

**Sign of the Cross...**

**Apostles Creed...**

We say one Our Father and three Hail Marys for increases in the virtues of Faith, Hope and Love in our lives.

**Glory be ...**

**Fatima interjection...**

## **The First Sorrowful Mystery: The Agony in the Garden**

*Offering*

We lift up to You, O Lord Jesus, this decade in honor of your mortal agony in the Garden of Olives and we ask of you, through this mystery and through the intercession of your Blessed mother, perfect sorrow for our sins and the virtue of perfect obedience to Your Holy will.

**Our father...**

1. Then Jesus came with them into a country place which is called Gethsemane; and he said to his disciples: "Sit you here, till I go yonder and pray".

Mt:26:36

**Hail Mary...**

2. And taking with him Peter and the two sons of Zebedee, he began to grow sorrowful and to be sad. Then He said to them; "My soul is sorrowful, even unto death: stay here, and watch with me.

Mt:26:37-38

**Hail Mary...**

3. And going a little further, He fell upon His face, praying, and saying: "My Father, if it be possible, let this chalice pass from me. Nevertheless not as I will, but as thou wilt."

Mt. 26:39

**Hail Mary...**

4. And He came back to his disciples, and [found] them asleep, and He [said] to Peter: “What? Could you not watch one hour with me?”  
Mt. 26:40

**Hail Mary...**

5. “Watch,... and pray that [you] do not enter into temptation. The spirit indeed is willing, but the flesh is weak.”  
Mt. 26:41

**Hail Mary...**

6. Again the second time, He went and prayed saying: “My Father, if this chalice may not pass away, but I must drink it, thy will be done.”  
Mt. 26:42

**Hail Mary...**

7. And coming again, and [found] them sleeping: for their eyes were heavy. And leaving them, He went again: and prayed the third time, saying the selfsame word.  
Mt. 26:44

**Hail Mary...**

8. Then He came to his disciples and said to them: “Sleep ... now and take your rest; behold the hour is at hand, and the Son of man shall be betrayed into the hands of sinners. Rise, let us go: behold he is at hand that will betray me.” As he ... spoke, behold Judas, one of the twelve, came and with him a great multitude with swords and clubs, sent from the chief priests and the ancients of the people.  
Mt. 26:45-47

**Hail Mary...**

9. And he that betrayed Him, gave them a sign, saying, “Whomsoever I shall kiss, that is he, hold Him fast”. And [coming forth] to Jesus, he said, “Hail , Rabbi.” And he kissed Him.  
Mt. 26:48-49

**Hail Mary...**

10. And Jesus said to him: “Friend, [to what end] art thou come?” Then they came up, and laid hands on Jesus, and held Him.  
Mt. 26:50

**Hail Mary...**

**Glory be...**

**Fatima interjection...**

## **The Second Sorrowful Mystery: The Scourging At The Pillar**

### *Offering*

We lift up to you, O Lord Jesus, this decade in honor of Your bloody scourging and we ask of you, through this mystery and through the intercession of your blessed mother, the grace to mortify our senses perfectly.

### **Our Father...**

1. And they brought Him bound, and delivered Him to Pontius Pilate the governor. ... And Jesus stood before the governor, and the governor asked Him; “Art thou the king of the Jews?”

Mt. 27:2;11

### **Hail Mary...**

2. Jesus said to him; “Thou sayest it.” And when He was accused by the chief priests and ancients, he answered nothing.

Mt. 27:11-12

### **Hail Mary ...**

3. Then Pilate said to Him: “[Do you not] hear how great [the] testimonies they allege against thee?” And He answered ... never a word to him; so that the governor wondered exceedingly.

Mt. 27:13-14

### **Hail Mary...**

4. Now upon the solemn day the governor was accustomed to release to the people one prisoner, whom they would. And he had then a notorious prisoner, that was called Barabbas. They therefore being gathered together, Pilate said: “Whom will you that I release to you, Barabbas, or Jesus that is called the Christ?”

Mt. 27:15-17

### **Hail Mary...**

5. For he knew that for envy they had delivered Him. And as he was sitting in the place of Judgement, his wife sent to him, saying; “Have nothing to do with that just man; for I have suffered many things this day in a dream because of Him.”

Mt 27:18-19

### **Hail Mary...**

6. And the governor answering, said to them: “[Which of the two do you will] to be released unto you?” But they said, “Barabbas”. Pilate [said] to them:

“What shall I do then with Jesus that is called Christ?” They [all said]: “Let Him be crucified!”

Mt: 27:21-22

**Hail Mary...**

7. The governor said to them; “Why, what evil [has] He done?” But they cried out the more; ... “Let Him be crucified!”

Mt. 27:23

**Hail Mary...**

8. And Pilate seeing that he prevailed nothing, but rather a tumult was made; taking water washed his hands before the people, saying: “I am innocent of the blood of this just man; [look to it yourselves.]”

Mt. 27:24

**Hail Mary...**

9. And the whole people answering said; “His blood be upon us and upon our children.”

Mt. 27:25

**Hail Mary...**

10. Then he released to them Barabbas, and having scourged Jesus, delivered Him unto them to be crucified.

Mt.27:26

**Hail Mary...**

**Glory Be...**

**Fatima interjection...**

## **The Third Sorrowful Mystery: The Crowning With Thorns**

*Offering*

We lift up to you, O Lord Jesus, this decade in honor of your cruel crowning with thorns, and we ask of you, through this mystery and through the intercession of your blessed mother, to grant us a great contempt of the worldly.

**Our Father...**

1. Then the soldiers of the governor taking Jesus into the hall, gathered unto him the whole band. And stripping him, they put a scarlet cloak about him.

Mt. 27:27-28

**Hail Mary...**

2. And plaiting a crown of thorns, they put it onto his head, and a reed in his right hand.

Mt. 27:29

**Hail Mary...**

3. And bowing the knee before him, they mocked him saying: "Hail, king of the Jews!"

Mt. 27:29

**Hail Mary...**

4. And spitting upon him they took the reed and struck his head.

Mt. 27:30

**Hail Mary...**

5. And after they had mocked him, they took off the cloak from him, and put on his own garments, and led him away to crucify him.

Mt. 27:31

**Hail Mary...**

6. Despised and most abject of men, a man of sorrows, and acquainted with infirmity.

Is. 53:3

**Hail Mary...**

7. Surely he hath borne our infirmities and carried our sorrows.

Is. 53:4

**Hail Mary...**

8. But he was wounded for our transgressions, he was bruised for our iniquities...

Is. 53:5

**Hail Mary...**

9. The chastisement of our peace was upon him, and by his bruises we are healed.

Is. 53:5

**Hail Mary...**

10. He was offered because it was his will, and he opened not his mouth: he shall be led as a sheep to the slaughter, and shall be dumb as a lamb before his shearer, and he shall not open his mouth.

Is. 53:7

**Hail Mary...**

**Glory be...**

**Fatima interjection...**

**The Fourth Sorrowful Mystery:  
The Carrying Of The Cross**

*Offering*

We lift up to You Lord Jesus this decade in honor of Your carrying of Your cross and we ask of You, through this mystery and through the intercession of Your Blessed Mother, to give us great patience in carrying our cross in Your foot-steps every day of our life.

**Our Father...**

1. And he said to all: "If any man will come after me, let him deny himself, and take up his cross daily, and follow me."

Lk. 9:23

**Hail Mary...**

2. For whosoever will save his life, shall lose it; for he that shall lose his life for my sake, shall save it. For what is a man advantaged, if he gain the whole world, and lose himself, and cast himself away?"

Lk. 9:24-25

**Hail Mary...**

3. For he that shall be ashamed of me and my words, of him the Son of man shall be ashamed, when he shall come in his majesty, and that of his Father, and of the holy Angels."

Lk 9:26

**Hail Mary...**

4. "For there is nothing covered, that shall not be revealed; nor hidden, that shall not be known."

Lk. 12:2

**Hail Mary...**

5. And as they led Him away, they laid hold of one Simon of Cyrene, coming in from the country. And they laid the cross on him to carry after Jesus.

Lk. 23:26

**Hail Mary...**

6. And there followed him a great multitude of people, and of women, who bewailed and lamented him.

Lk. 23:27

**Hail Mary...**

7. But Jesus turning to them, said; “Daughters of Jerusalem, weep not for me; but weep for yourselves and for your children.”

Lk. 23:28

**Hail Mary...**

8. “For behold, the days shall come, wherein they will say: ‘Blessed are the barren, and the wombs that have not borne, and the [breasts] that have not given suck.’”

Lk. 23:29

**Hail Mary...**

9. “Then shall they begin to say to the mountains: ‘fall upon us’ and to the hills, ‘Cover us’.

Lk. 23:30

**Hail Mary...**

10. “For if in the green wood they do these things , what shall be done in the dry?”

Lk. 23:31

**Hail Mary...**

**Glory Be...**

**Fatima interjection...**

## **The Fifth Sorrowful Mystery: The Crucifixion**

*Offering*

We lift up to You, O Lord Jesus, this decade in honor of Your Crucifixion on Mount Calvary and we ask of You, through this mystery and through the intercession of Your Blessed Mother, grant us a great horror of sin, a love of the Cross, and the grace of a holy death for us and for those who are now in their last agony.

**Our Father...**

1. And when they were come to the place which is called Calvary, they crucified him there; and the robbers, one on the right hand, and the other on the left.

Lk. 23:33

**Hail Mary...**

2. And Jesus said, "Father forgive them, for they know not what they do." But they, dividing his garments, cast lots.

Lk. 23:34

**Hail Mary...**

3. And one of the robbers who were hanged, blasphemed him saying: "If thou be christ, save thyself and us." But the other answering, rebuked him, saying; ... "And indeed justly, for we receive the due rewards for our deeds; but this man hath done no evil." And he said to Jesus: "Lord, remember me when thou shalt come into thy kingdom."

Lk. 23:39-42

**Hail Mary...**

4. And Jesus said to him; "Amen I say to thee, this day thou shalt be with me in paradise."

Lk. 23:42-43

**Hail Mary...**

5. Now there stood by the cross of Jesus, His mother, and His mother's sister Mary of Cleophas, and Mary Magdaline. When Jesus therefore had seen his mother and the disciple standing whom he loved, he [said] to his mother; "Woman, behold thy son." After that, he [said] to the disciple: "Behold thy mother." And from that hour, the disciple took her to his own.

Jn. 19:25-27

**Hail Mary...**

6. Afterwards, Jesus knowing that all things were now accomplished; that scripture might be fulfilled, said: "I thirst."

Jn. 19:28

**Hail Mary...**

7. And it was almost the sixth hour: and there was darkness over all the earth until the ninth hour. And the sun was darkened, and the veil of the temple was rent in the midst.

Lk. 23:44-45

**Hail Mary...**

8. About the ninth hour, Jesus cried out with a loud voice, "*Eli, Eli, lamma sabacthani?*", that is, "My God, My God, why hast thou forsaken Me?"

Mt. 27:46

**Hail Mary...**

9. And Jesus crying out in a loud voice said; "Father, into thy hands I commend my spirit."

Lk. 23:46

**Hail Mary...**

10. And bowing His head, he gave up His spirit.

Jn. 19:30

**Hail Mary...**

**Glory Be...**

**Fatima interjection...**

**Rosary closing prayers...**

**Sign of the Cross...**

**Credits:**

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