

Pope John Paul II's apostolic letter, Rosarium Virginis Mariae (2002), emphasized how much the rosary is a Christ-centered prayer that "contains all the depth of the Gospel message in its entirety." In order "to bring out full the Christological depth of the rosary," the Holy Father has decided to make "a suitable addition to the traditional pattern," namely, the Mysteries of Light, or Luminous Mysteries, that feature moments of Christ's public ministry. Meditation on the Luminous Mysteries is designed to lead us more deeply into what the Holy Father calls "The inner logic of the Incarnation."

The Five Luminous Mysteries of the Scriptural Rosary

Sign of the Cross...

Apostles Creed...

We say one Our Father and three Hail Marys for increases in the virtues of Faith, Hope and Love in our lives.

Glory be...

Fatima interjection...

The First Luminous Mystery: Jesus' Baptism in the Jordan

Offering

We lift up to You, O Lord Jesus, this decade in honor of your Baptism in the Jordan, which you sanctified by your presence, and we ask you, through this mystery, and through the intercession of your blessed mother, to sanctify us according to your Holy will.

Our Father...

1. [John said,] "I indeed Baptize you with water, for repentance. But he who is coming after me is mightier than I..."

Mt.3:11

Hail Mary...

2. "...He will baptize you with the Holy Spirit and with Fire."

Mt. 3:11

Hail Mary...

3. Then Jesus came from Galilee to John, at the Jordan to be baptized by him.
Mt. 3:13

Hail Mary...

4. And John ... said; "It is I who ought to be baptized by thee..."
Mt. 3:14

Hail Mary...

5. But Jesus answered and said to him, "let it be so now. For so it becomes us to fulfill all justice."
Mt. 3:15

Hail Mary...

6. And when Jesus [was] baptized, he immediately came up [out of] the water.
Mt. 3:16

Hail Mary...

7. And behold, the heavens were opened to him.
Mt 3:16

Hail Mary...

8. And he saw the spirit of God descending as a dove and coming upon him.
Mt. 3:16

Hail Mary...

9. And behold, a voice from the heavens said, "This is my beloved Son in whom I am well pleased."
Mt. 3:17

Hail Mary...

10. Again the next day John was standing there, [with] two of his disciples. And looking upon Jesus as he walked by he said, "Behold the Lamb of God!"
Jn. 1:35-36

Hail Mary...

Glory Be...

Fatima interjection...

**The Second Luminous Mystery:
Jesus' self-manifestation at the Wedding of Cana**

Offering

We lift up to you, O Lord Jesus, this decade in honor of your divine manifestation at the wedding feast at Cana, and we ask of You , through this mystery, and through the intercession of your blessed mother, the grace to help us trust you, as You love us.

Our Father...

1. And on the third day a marriage took place at Cana of Galilee, and the Mother of Jesus was there. Now Jesus too was invited to the marriage, and also his disciples.

Jn. 2:1-2

Hail Mary...

2. And the wine having run short, the mother of Jesus said to him, “They have no wine.”

Jn. 1:3

Hail Mary...

3. ...Jesus said to her, “What wouldst thou have me do, woman? My hour has not yet come.”

Jn. 1:4

Hail Mary...

4. His mother said to the attendants; “Do whatever he tells you.”

Jn. 1:5

Hail Mary...

5. Now six stone water-jars were placed there, after the Jewish manner of purification, each holding two or three measures. Jesus said to them; “Fill the jars with water”.

Jn.3:6-7

Hail Mary...

6. And they filled them to the brim.

Jn. 1:7

Hail Mary...

7. And Jesus said to them; “draw out now and take to the chief steward.” And they took it to him.

Jn. 1:8

Hail Mary...

8. Now when the chief steward had tasted the water after it had become wine, not knowing whence it was.

Jn. 1:9

Hail Mary...

9. ...The chief steward called to the bridegroom, and said to him; "Every man first sets forth the good wine, and when they have drunk freely, then that which is poorer. But thou hast kept the good wine until now."

Jn. 1:9

Hail Mary...

10. This first of his signs Jesus worked at Cana of Galilee; and he manifested His glory, and His disciples believed in Him.

Jn. 1:11

Hail Mary...

Glory Be...

Fatima interjection...

**The Third Luminous Mystery
Jesus' Proclamation of the Kingdom of God**

Offering

We lift up to you, O Lord Jesus, this decade in honor of your proclamation of the Kingdom of God, and we ask of You, through this mystery, and through the intercession of your blessed mother, the grace to help preach, through our lives, the Good news of the Kingdom.

Our Father...

1. And Jesus went about all Galilee, teaching in their synagogues, and preaching the gospel of the kingdom, and healing every disease and every sickness among the people.

Mt. 4:23

Hail Mary...

2. ...He went up the mountain... and opening his mouth he taught them, saying: "Blessed are the poor in spirit, for theirs is the kingdom of heaven."

Mt.5 1-2

Hail Mary...

3. "Blessed are the meek, for they shall possess the earth."

Mt. 5:4

Hail Mary...

4. "Blessed are they who mourn, for they shall be comforted."

Mt. 5:5

Hail Mary...

5. “Blessed are they who hunger and thirst for justice, for they shall be satisfied.”

Mt. 5:6

Hail Mary...

6. “Blessed are the merciful, for they shall obtain mercy.”

Mt. 5:7

Hail Mary...

7. “Blest are the clean of heart, for they shall see God.”

Mt. 5:8

Hail Mary...

8. “Blessed too the peacemakers, for they shall be called children of God.”

Mt. 5:9

Hail Mary...

9. “Blessed are they who suffer persecution for justice’ sake; for theirs is the kingdom of heaven. Blessed are you when men reproach you and persecute you, and speaking falsely, say all manner of evil against you, for my sake. Rejoice and exult because your reward is great in heaven...”

Mt. 5:11-12

Hail Mary...

10. “...As the Father has sent me, I also send you.” When He had said this, He breathed upon them, and said to them: “Receive the Holy Spirit. Whose sins you shall forgive, they are forgiven them; and whose sins you shall retain, they are retained.”

Jn. 20:21-23

Hail Mary...

Glory be...

Fatima interjection...

The Forth Luminous Mystery: Jesus’ Transfiguration

Offering

We lift up to You, O Lord Jesus, this decade in honor of your transfiguration, and we ask of you, through this mystery, and through the intercession of your blessed mother, the grace to transform us into your image for your greater glory.

Our Father...

1. ... Jesus took Peter, James and his brother John and led them up a high mountain by themselves, and was transfigured before them. Mt. 17:1-2

Hail Mary...

2. And his face shone as the sun, and his garments became white as snow. Mt.17:2

Hail Mary...

3. And behold, there appeared to them Moses and Elias talking together with him. Mt. 17:3

Hail Mary...

4. Then Peter addressed Jesus, saying, "Lord, it is good for to us be here." Mt. 17:4

Hail Mary...

5. "If thou wilt, let us set up three tents here, one for thee, one for Moses and one for Elias." Mt. 17:4

Hail Mary...

6. As He was still speaking, behold, a bright cloud overshadowed them. Mt. 17:5

Hail Mary...

7. And behold, a voice out of the cloud said, "This is my beloved Son in whom I am well pleased; hear Him." Mt. 17:5

Hail Mary...

8. And on hearing it the disciples fell on their faces and were exceedingly afraid. Mt. 17:6

Hail Mary...

9. And Jesus came near and touched them, and said to them, "Arise, and do not be afraid." Mt. 17:7

Hail Mary...

10. But lifting up their eyes, they saw no one but Jesus only. Mt. 17:8

Hail Mary...

Glory be...

Fatima interjection...

**The Fifth Luminous Mystery:
Jesus' Institution of the Eucharist**

Offering

We lift up to You, O Lord Jesus, this decade in honor of your institution of the Holy Eucharist, and we ask of you, through this mystery, and through the intercession of your blessed mother, to nourish us with your Body and Blood, Soul and Divinity.

Our Father...

1. "Amen, amen, I say to you, he who believes in me has life everlasting. I am the bread of life." Jn. 6:47-48

Hail Mary...

2. "I am the living bread that has come down from heaven."

Jn. 6:51

Hail Mary...

3. And while they were at supper, Jesus took bread, and blessed and broke, and gave it to his disciples...

Mt.26:26

Hail Mary...

4. ...and said; "Take and eat. This is my Body."

Mt.26:26

Hail Mary...

5. And taking a cup, he gave thanks, and gave it to them...

Mt. 26:27

Hail Mary...

6. ...saying; "All of you drink of this," Mt. 26:27

Hail Mary...

7. "For this is my Blood, of the new covenant,..."

Mt.26:27

Hail Mary...

8. "...which is being shed ... unto the forgiveness of sins."

Mt.26:28

Hail Mary...

9. "But I say to you, I will not drink henceforth of this fruit of the vine, until that day when I shall drink it new with you in the kingdom of my Father."

Mt. 26:29

Hail Mary...

10. And after reciting a hymn, they went out to Mount Olivet.

Mt. 26:30

Hail Mary...

Glory be...

Fatima interjection...

Closing prayers...

Sign of the Cross

Credits:

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